



GYM & JUICE COLLECTION

HANDWRITTEN BY CARA CARROLL - THE FIRST GRADE PARADE
5 TRUE TYPE FONTS FOR PERSONAL & COMMERCIAL USE

CC Cardio Is Hardie

CC Diddly Squats

CC Extra Fries

Before Exercise

CC Everything Hurts

CC Oh My Quad

*SPANISH AND FRENCH ACCENTS INCLUDED



TERMS OF USE

WITH YOUR PURCHASE OF THIS **SINGLE-USER LICENSE**, YOU MAY CREATE BOTH FREE AND FOR-PROFIT HARD GOODS AND DIGITAL PRODUCTS (TPT RESOURCES, FREEBIES, T-SHIRTS, ETC.) YOU MAY ALSO USE THESE FONTS IN WEBSITE/BLOG DESIGN, LOGOS, AND ADVERTISEMENTS. YOU **MAY NOT** RESELL OR DISTRIBUTE THESE FONTS IN ANY FORM OR FASHION (IE: FACEBOOK GROUPS, EMAIL, SHARED DRIVES, ETC.) NOR MAY YOU CLAIM THESE FONTS AS YOUR OWN. AS ALWAYS, CREDIT IS APPRECIATED, BUT NOT REQUIRED OR EXPECTED. IF YOU HAVE ANY QUESTIONS REGARDING THESE TERMS OF USE, PLEASE CONTACT ME VIA TPT QA OR EMAIL ME AT THEFIRSTGRADEPARADE@GMAIL.COM FOR CLARIFICATION.

Thanks! ~ Cara Carroll



CC Carole
Is Hardie

*SPANISH AND FRENCH ACCENTS INCLUDED

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

a b c d e f g h i j k l m n

o p q r s t u v w x y z

0 1 2 3 4 5 6 7 8 9 ! ? @ # \$ % * &



CC Cardio is Hardie

———— TEXT SAMPLES ————

When you type all lowercase letters...

cardio is the worst.

(cardio is the worst.)

When you type all capital letters...

CARDIO ALMOST KILLED ME.

(CARDIO ALMOST KILLED ME.)

When you type a mix of capital and lowercase letters...

I Only RuN WhEn SoMEOnE
is chAsiNG Me.

(I Only RuN WhEn SoMEOnE is chAsiNG Me.)



CC Diddly Squats

*SPANISH AND FRENCH ACCENTS INCLUDED

A B C D E F G H I J K L M

N O P Q R S T U V W X Y Z

a b c d e f g h i j k l m n

o p q r s t u v w x y z

0 1 2 3 4 5 6 7 8 9 ! ? @ # \$ % * &



CC Diddly Squats

TEXT SAMPLES

When you type all lowercase letters...

drop it like a squat.
(drop it like a squat.)

When you type all capital letters...

SQUAT GOALS.
(SQUAT GOALS.)

When you type a mix of capital and lowercase letters...

Hello There, Old Friend. Nice to
Squat you again.

(Hello There, Old Friend. Nice to Squat you again.)



CC Extra Fries Before Exercise

*SPANISH AND FRENCH ACCENTS INCLUDED

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

a b c d e f g h i j k l m n
o p q r s t u v w x y z

0 1 2 3 4 5 6 7 8 9 ! ? @ # \$ % * &



CC Extra Fries Before Exercise

———— TEXT SAMPLES ————

When you type all lowercase letters...

i like fries, not exercise.

(i like fries, not exercise.)

When you type all capital letters...

FRYDAYS ARE MY FAVORITE!

(FRYDAYS ARE MY FAVORITE!)

When you type a mix of capital and lowercase letters...

eXeRCiSe? i ThOughT yOu

saiD EXtRA fRiES?!

(eXeRCiSe? i ThOughT yOu sAiD EXtRA fRiES?!)



CC Everything Hurts

*SPANISH AND FRENCH ACCENTS INCLUDED

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

a b c d e f g h i j k l m n
o p q r s t u v w x y z

0 1 2 3 4 5 6 7 8 9 ! @ # \$ % * &



CC Everything Hurts
— TEXT SAMPLES —

When you type all lowercase letters...

my legs are hungover.

(my legs are hungover.)

When you type all capital letters...

HELP ME, I'M SORE.

(HELP ME, I'M SORE.)

When you type a mix of capital and lowercase letters...

*I gOt 99 PRoBLEmS & tHeY'RE
aLL SoRE MuScLEs.*

(I gOt 99 PRoBLEmS & tHeY'RE aLL SoRE MuScLEs.)



CC Oh My Quad

*SPANISH AND FRENCH ACCENTS INCLUDED

ABCDEFGHIJKLM
NOPQRSTUVWXYZ

abcdefghijklm
opqrstuvwxyz

0123456789!@# \$% * &



CC Oh My Quad

TEXT SAMPLES

When you type all lowercase letters...

look at quadzilla over there!

(look at quadzilla over there!)

When you type all capital letters...

DEAR QUAD! NO MORE SQUATS!

(DEAR QUAD! NO MORE SQAUTS!)

When you type a mix of capital and lowercase letters...

**oH mY qUAD, BeCkY. LoOk
aT hER sQuAts!**

(oH mY qUAD, BeCkY. LoOk aT hER sQuAts!)